

Steps To Combat Headlice

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1. Detect:

Use Metal Comb & Combing Solution (for untangling long hair) to detect, remove lice & their eggs.

2. Treatment:

There are 2 major commonly used headlice treatments in Australia.

- Medicated (Maldison or Malathion).
 - Natural (Pyrethrins Extract, Pyrethrins I & II). Use medicated or natural treatment to kill headlice & break their life cycle.
- Always apply the treatment on dry hair.**

3. Prevent:

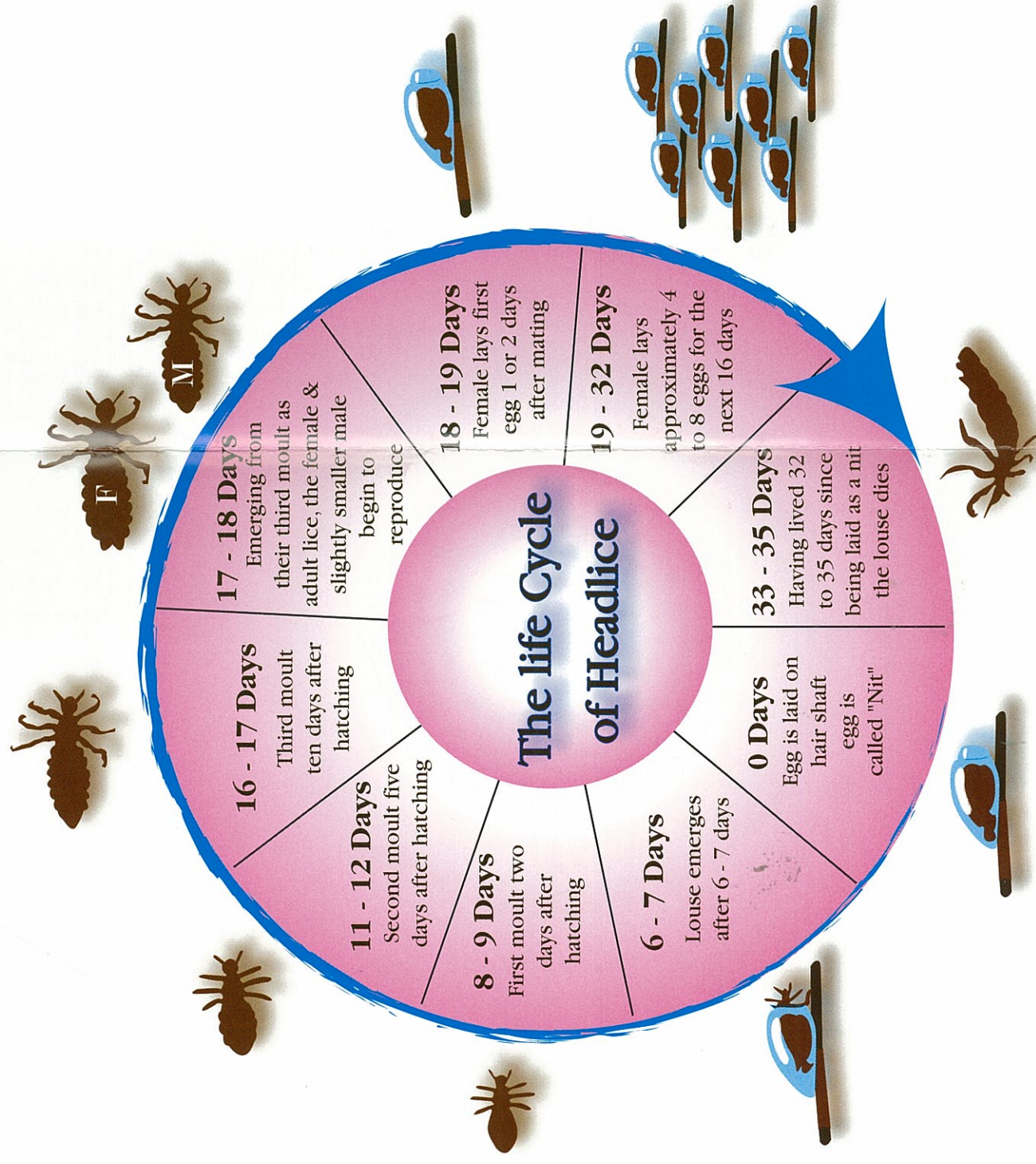
Use egg remover to kill eggs & metal comb to remove them from head.

4. Precaution:

Repeat the process after 7 days to effectively kill the cycle.

5. Lice Free Home:

Wash bed linen & clothes in warm water with soaking solution to get rid of lice from home.



How to identify Headlice?

- ✓ Headlice vary in colour from Greyish White to Brown, they are about the size of a sesame seed but with six legs.
- ✓ Nits are the eggs, yellowish white in colour & are found on the hair shaft at the nape of the neck, where as adult headlice may be found anywhere on the head. Red bite marks or scratch marks are often seen on the back of the neck.
- ✓ The eggs are sometimes mistaken for dandruff, or residues of shampoo. Sometimes itching may simply be a result of dry air, so ideally, the lice need to be identified.
- ✓ It typically takes several weeks exposure to the lice before itching develops, so lack of itching does not necessarily mean that the person does not have head lice.

Headlice Facts

- ✓ Headlice are bloodsuckers and live exclusively on humans.
- ✓ It has nothing to do with one's hygiene.
- ✓ Headlice don't hop, jump or fly, 95% of lice are transmitted by close contact. - Don't share Hats, Head Bands or Pillows.
- ✓ Especially common in school children between the ages of 3 to 12 yrs.
- ✓ Headlice don't like short & plaited hair. Keep hair short and for those children with long hair, always keep them plaited