

(Google images)

#### Week 3

Today we celebrate Saint Catherine of Siena. She was a tertiary of the Dominican Order and a Scholastic philosopher and theologian. She worked among the people of Italy to establish peace among the Italian city-states. She also worked to bring the papacy of Gregory XI back to Rome. She is one of two patron saints of Italy, together with Saint Francis of Assisi, and one of six patron saints of Europe. She was born in 1347 and died aged 33, in 1380. She was proclaimed a doctor of the Church by Pope Paul VI on 3 October, 1970.

# School Community Newsletter

2016: Be the Face of Mercy

Friday 29th April, 2016

Term: 2

Week: 3



#### What's on next week?

Monday 2nd May Assembly @ 2.20pm

Life Ed Van

Tuesday 3rd May Life Ed Van

Wednesday 4th May Inter School Cross Country 5/6

Thursday 5th May

Friday 6th May GV Water presentation 3/4

#### St. Luke's Catholic Primary School

629 Goulburn Valley Highway, Shepparton North, Victoria, 3631.

5822 1834 Phone: Fax: 5822 2503

Web:

Email: principal@slshepparton.catholic.edu.au newsletter@slshepparton.catholic.edu.au

www.slshepparton.catholic.edu.au https://twitter.com/StLukes PS Twitter:

St. Luke's Catholic Primary School acknowledges the Bangarang and Yorta Yorta people, the traditional custodians of the land on which our school is situated. We commit to working in partnership with Aboriginal people for reconciliation and justice.



#### **ANZAC Day**

Last Monday we paid tribute to the men and women who protect our country. Most people know of someone who may be involved in our armed forces or who has done so in the past. It is our responsibility to continue the legacy of ANZAC Day and our students play a major role in continuing this tradition.





#### **School Board**

On Tuesday night we held our AGM and April Meeting. You will remember that two weeks ago we welcomed Phil Bretherton from our CEO. He led parents through the roles of the school board. The next phase was conversations with those who were interested in joining the school board now or possibly in the future. I thank all the parents for giving their time to either talk in person or over the phone. From this we have added people to the existing school board.

#### The school board is:

Paul Ranson (Year 3) (Chair), Gabrielle Munro (Prep & Year 5) (Vice), Fr. Joe Taylor (Parish Priest), David Keenan (Principal, Prep & Year 5), Mark Harmer (DP & Year 2), Jarrett Draper (Year 3), David Pinnock (Prep), Emma Dowling (Year 5), Mark Metcalf (Year 4 & 6), Damien Preston (Year 5), Phillipa Robinson (Prep & Year 1), Matt Collins (Year 5)

One of our office administration ladies join the meeting to take minutes.

Fr. Joe and I are extremely grateful for all the above people for continuing on the board and for joining our board. We meet again on the 10th May and we will revisit our vision, master plan and choose 2-3 goals for 2016.

I have been discussing the board, but as I do I am thinking of upcoming events such as today's morning tea, Mother's day activities and sport coaching for St. Luke's just to name a few. We are very grateful for all the help and support you give to your child's education.

We thank outgoing President/Chair, Margaret Wright for her commitment to our school. Margaret was chair of our board for three years and put her heart into the role. Her vision for Catholic education shone through during this period as Board Chair and as a parent. Although, I only knew Margaret for a short time, it did not take long for me to see her passion and dedication, not only as board chair, but as a parent and parishioner. The current school board and staff will thank Margaret at a later date.

#### **Child Safe**

Catholic Education Victoria has made a commitment in providing a safe and nurturing culture for all young people in Catholic schools. Please see the attached document (Child Safe Schools).

#### **Community Group**

Thank you to all who organised the morning tea. It is important that we continue providing opportunities for people to socialise with no agenda, other than to say hello and have a cuppa.

#### **Ministers of Communion**

Last night we joined the parish in this formation opportunity. It was a very rewarding experience and to join three other staff members, was another example of our commitment to the wider parish.

#### **Healthy Eating & Sleep- Healthy Learning**

We all like a small treat every now and then and as parents we may use this as a reward for our children. I like a treat too, like a pie or hotdog at the footy or homemade pizza on a Friday night. But, we must have a healthy balance. Keep it simple- plenty of water and healthy options at recess and lunch. We should not replace an apple or banana with a freddo frog or packet of chips. These may be extras. As the Preps may say, the more we learn, the bigger our brain gets! Healthy options may assist a child's concentration and functioning of the brain.

#### Winter Uniform

As mentioned in an email earlier in the week, we will start in our winter uniform next week. We are very fortunate that our children may choose to wear a short or long sleeve polo. This is not the case in many schools. Sport days (2 days a week in sport uniform) is an opportunity for the children to wear shorts. If you are waiting for trousers/slacks or the winter dress, please notify your child's teacher. We may start asking children why they are out of uniform and if you have contacted a teacher there will be no need to ask.

#### Leadership

Mr. Harmer and I attended a DP/Principal session in Wangaratta Wednesday night/Thursday. Brendan Spillane facilitated the day and will lead us again in Term 3. The theme, "Building a High Performance Culture". It was a great day and there may not have been many things new, but to see a new approach and ideas was fantastic. One task we had to complete was starting to develop our personal leadership 'tweet' for twitter. We will continue working on this and share at our next day. I may even tweet it on our school twitter page!!

Another activity was going through a physical, emotional, mental and spiritual audit and checking out our score.

#### How would you go in the Physical Audit?

- I don't regularly get 8 hours sleep and I often wake up feeling tired.
- I frequently skip breakfast or I settle for something that isn't particularly healthy.
- I don't work out enough, meaning cardiovascular training at least three times a week, and strength training at least twice a week.
- I don't take regular breaks during the day to renew and recharge, and I often eat lunch at my desk

I will share the others in the coming weeks.

In closing this week I leave you with three simple sentences from Pope Francis: (why he leads the way he leads. Lowney. (2013).

I am *flawed*.

I am a good and gifted person.

I am *called* to offer my gifts.

Powerful and beautiful statement. Our Pope acknowledges that he has flaws, but much to offer.

Enjoy the weekend and the company of loved ones.

David Keenan

#### MAKING JESUS REAL/RELIGIOUS EDUCATION:

#### **Making Jesus Real**

The main aim of the Making Jesus Real (MJR) program & the bottom line of Catholic Education is to get students to be aware that they have the spirit of Jesus within them. This is expressed each day by the simple little things we do and say (smile, wave, saying please and thank you, helping people, giving encouraging words, volunteering at home etc., just like you do in your busy life. MJR is simple as we are already doing it and it is just a matter of being switched onto the way we G.T.S. (Greet Treat and Speak to people). These are some of the great MJR initiatives that students can do to bring the spirit alive within themselves and those around them.

- \* Be a GIVER rather than a taker.
- \* Be a better team player at home (doing as they are asked cheerfully and saying thanks at home a least 4 times daily).
- \* Positive attitude to people and life, Believe in themselves (B.I.Y).
- \* Be a Grinner and Winner rather a moaner and groaner, Take the good with the bad.
- \* Search for the hero inside yourself, search for the secrets you hide.
- \* Model at all times WEST attitude
- \* Looking at qualities and they picking 3 that they aim to be by the end of the year. (kind Friendly Encouraging, compassionate, helpful, giving of themselves, include others, welcoming, attitude of Gratitude, humble, forgiving, etc.).
- \* Peer pressure. "If you want to fly like an eagle don't hang around with the turkeys."
- \* Born to try, "the future lies in my hands"
- \* Reflecting over my day, 3 things that I should be thankful for that happened today. "A day is wasted if you don't reflect on it. Where was the spirit of Jesus in my life today?

Compass points for life. Class go through MJR pick 20 attitudes they want for life, bring it down to 10 then 5 and then 1 which is the "Key to their life" the 10 are their compass points for life, we then do orienteering with compasses around the school to get the message.

**Scripture Focus:** Each fortnight our school community will focus on a piece of scripture linked to a social skills focus to make that important connection between our lives and the life-giving message of God's Holy Word.

'Do nothing selfishly and remember to praise others.' Phil 2:3

#### **Whole School Social Skills Focus:**

For week 3 our social skills focus is **SPORTSMANSHIP**:

- 1. Winning without gloating
- 2. Losing with good grace
- 3. Congratulating opponents during and after a game

Throughout the year we invite our families to reinforce each set of social skills that are the focus for our fortnight. These social skills link with the Making Jesus Real (MJR) program in our school.

MJR: Team Work – One Percenters:

One Percenters go that one step more to be giving people.



Our MJR focus for this fortnight is: See Greatness and Goodness in Others

#### **Parish**

When: Sunday 15th May
What: Feast of St Brendan

Where: St Brendan's Catholic Church.

Celebration and festivities to follow on Parish

lawns.

**Time:** Mass @11am. Celebrations to follow.

## Full School Mass

When: Friday 3rd June (Week 8)
What: Mass of Compassion

Where: St Brendan's Catholic Church.

Time: TBC

#### **Sacramental**

First Reconciliation -7pm 24th May Sacramental Masses (Eucharist / Confirmation) - Friday 26th, Saturday 27th and Sunday 28th.

## <u>Learning Community Masses</u> - Gathering Space

- (Week 9) Mid Thursday June 9th @ 12:30pm
- (Week 9) Snr Thursday June 10th @ 12:30pm
- (Week 10) Prep Wednesday June 15th @ 11:30am

#### Prayer Celebrations - Gathering Space

- (Week 6) Feast of St Brendan Prayer Liturgy of The Word Monday 16th May @1pm
- (Week 7 & 8) Catholic Education Week May 27th June 3rd.
- (Week 7 & 8) National Reconciliation Week May 27th June 3rd.
- (Week 7) National Sorry Day (Indigenous Australians) May 26th

#### **SCHOOL NEWS:**

#### **Head Lice**

We have had cases of Head lice this week. The most proven prevention is REGULAR HEADCHECKS at home by ALL families. Please continue to check children's hair regularly and let the school office know when cases are detected! Children with Head lice are to stay at home until their hair has been treated. Please refer to our school website under Downloads, Health Information, for further information and fact sheets.

#### **ANZAC Day Badges**

Our Year 6 Community Building Team raised

**\$166** 

by selling ANZAC Day Badges for the RSL.

Fantastic Effort!

## St Luke's Open Day

Tuesday 31st May, 2016

St. Luke's

Session 1: 10am Session 2: 12pm

Tours will commence from the Admin Office and offers;

- Tour of the School
- Information Booklet
- Opportunity to speak with staff and parents

Prospective Families most welcome to attend. Siblings of current families enrolled at our school are encouraged to attend the Open day.

Please call or email kscott@slshepparton.catholic.edu.au to register and advise which session you would like to attend.

#### **AWARDS & ACHIEVEMENTS:**



#### **ENCOURAGEMENT AWARD**

Prep Hoskin	Alyssa Pinnock
Prep Kent	Scarlett Bensch
1/2 Black	Chloe Scott
1/2 Johnson	Cedah Opie
1/2 Ryan	Mia Girvan
3/4 Calder	Isabelle Ash
3/4 Harmer/Segrave	Liam Logue
3/4 Murray	Ella Rumbiolo
5/6 Dainton	Comfort Nhanhanga
5/6 Hicks	Georgie Tidd



Immanual Bijo
-
Jack Forde
Liam Kelly
Ollie Kendall
Ayna Terry
Teagan Moffatt
Seamus Whitzell
Caitlyn Brown
Grace Tennent
Danni Baker

#### **CURRICULUM UPDATE:**

#### Children's Chatter Matters!

Ten activities will be provided each term focusing on key areas of oral language supporting literacy. Feel free to adjust these activities according to your child's grade level. Ten activities will be provided over this term targeting phonological awareness skills. Phonological awareness is one of the key building blocks for reading and writing. It is listening to, and thinking about the sounds in words.

3. Play a game of Odd one Out with your child. Say three things and have your child tell you which word is the odd word out e.g. boat, ship, house - house. An extension of this is to ask the students why it doesn't belong.

#### SCHOOL INFORMATION:

#### **Contact Numbers:**

PRE LOVED UNIFORMS

Paula Holland 0438 311 991

**TOWN BUS:** 

5831 2150 Shepparton Transit

**COUNTRY BUS:** 

Co-Ord: Paul Lucas 5825 2344

**OUT OF SCHOOL CARE:** 

1300 665 699 **Stepping Stones** 

**SCHOOL BANKING** 

1438 426 612 / stace\_132@hotmail.com Stacev East

**UNIFORM SHOP** 

GV School Uniforms (Joy) 5831 3355



EcoStore is a retail outlet to sell much of the produce from EcoPark. A variety of seasonal herbs and vegetables, sauces, chutneys, eggs and wooden and ceramic craft items are available to the community.

Come in and explore the many items that are on display and purchase your favourite produce. EcoStore provides experience for people to further their work skills and create pathways to employment.





store **Promoting Sustainability** 

245 Wyndham Street Shepparton

www.sheppaccess.com.au 03 5831 6180







**Lunch Orders:** Lunch order day is Wednesday, please remind your child to place their lunch order in the lunch tub first thing in the morning, please only large brown lunch bags available from the office - \$2 for 50.

If there are any discrepancies with lunch orders, the matter is to be dealt with on the day of the lunch order. Children need to tell their teacher or come to the Office straight away. Thank you.

#### DON'T FORGET TO DONATE

your non fragile goods into the St. Vinnie's collection bin located to the right of the Gathering Space, close to the staff car park. We welcome regular donations of clothing, blankets, linen etc. for distribution through our local Vinnie's' Store. Thank you.



### **We Need You**

We are looking for 2-3 delegates from each learning area to become involved in the community group.

#### What does it involve?

- One representative from each learning area to attend each meeting (so you will only have to attend 3 meetings a year) to assist in the activities of the community group.
- \* Please contact Lucy Gallace or Paula Holland if you think this is something you could assist with just a small way to give back our amazing community group.

## **Changes in 2016**

This year we are merging the welcoming group with the community group to be one school group.

All roles that the welcoming team did such as parish meals, social events and welcoming new families will now come under the community group umbrella.



#### **MOTHERS DAY STALL**

The Mother's Day stall will be held next **Friday morning 6th May**, where the children will be given the opportunity to attend the stall and purchase a gift for their mum. There will be many fantastic items priced at all different prices up to the value of \$10. The children find it extremely exciting that they get to pick out a special gift all by themselves.

If you would like your child to participate, please don't forget to send along some money (Maximum \$10) with them to school on Friday.

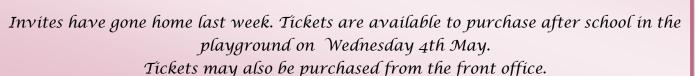
Reminder for families to donate an item for the stall. A big thank you to all those that have generously donated so far, we have some amazing gifts.





## Mother's Day High Tea

**When:** Sunday 22nd May 2016 - **Time:** 1:00-4:00pm - **Where:** St Luke's Gathering Space - **Cost:** \$25



The next Community Group meeting will be held on Wednesday 11<sup>th</sup> of May at 7.30pm.

"ALONE WE CAN DO SO LITTLE; TOGETHER WE CAN DO SO MUCH." - HELEN KELLER





## St Luke's Netball Report

Netball Co-ordinator:

Jo Zampaglione 0448 218 784

23.04.2016—Once again we were blessed with perfect weather conditions for last week's Round 2 Netball matches. Training is now in full swing and it's great to see the enthusiasm and effort on the court. Girls are reminded to be ready to commence training at 3:45pm. Girls training at the Emmaus courts are to head straight over.

Each child must have an adult to supervise them at training and the child must be able to identify who this person is if asked.

A reminder also when games are cancelled on the weekend due to weather you will be notified via your Team Manager. Therefore you are turn up at the courts unless you hear otherwise.

#### **RESULTS—Round 2**

Grade 6 – Guthrie St 15 def **St Luke's (1)** 5 Coaches Award – Hailey Moffat

Grade 5 - **St Luke's (2)** 25 def Grahamvale 2 *Coaches Award* – Sophie DeRose

Grade 4 - **St Luke's (3)** 25 def Mooroopna 0 *Coaches Award* – Emily Zampaglione

Grade 4/3 – Orrvale 14 def **St Luke's (4)** 1 *Coaches Award* – Anoushka Wijesingha

Grade 2 –St Mel's 20 def **St Luke's (5)** 5 Coaches Award – Felicity Grant

Good luck for this weekend matches.

Go St. Luke's



Ella Rumbiolo pictured with our new equipment purchased by our Sports Club



## St Luke's Soccer Club

Soccer Co-ordinator:

Peter O'Brien 0412 594 194

#### Round 3 for the season is this Saturday 30th April 2016. Details below:

U/6 Legends	9.00am	Chas 2a	Daniel Nardella 0412 970 943 & Jess Beer 0408 345 295
U/6 Stars	9.00am	Chas 1b	Frank Scarcella 0428 302 920 & Melinda Hudson 0408 299 224
U/6 White	9.00am	Chas 1a	David Keenan 0428 825 107
U/7 Legends	9.00am	Chas 3b	Trevor Bailey 0408 502 044 & Veronica Antonello 0428 253 378
U/7 Stars	10.00am	Chas 2b	Nicole Bensch 0438 806 580 & Charles Moffatt 0412 108 263
U/8	10.00am	Chas 4	Rachel James 0458 844 711
U/10	8.45am	Chas 2a	Terence Tuohey 0458 911 003
U/12	4.15pm	McEwen 1	Peter O'Brien 0412 594 194 & Karen Tidd 0400 216 818

- ~U/6, U/7 and U/8 play at CHAS JOHNSON RESERVE cnr of Packham st and Balaclava Rd
- ~U/10 U/12 play at McEwen Reserve. Please allow extra time due to PARKING congestion
- ~PLEASE, if your child can't play CONTACT team coach / manager
- ~Thanks to everyone for parking in designated car-parking areas on Wednesday training night.
- ~Just a reminder that supervision of children on training night is the responsibility of parents or designated parents.
- ~Our BBQ for Chas Johnson is coming up soon. This is our only fundraiser. Date to follow.

Good luck Saturday & hope everyone has a great game. Peter O'Brien

#### ST LUKE'S SPORTS CLUB:



#### The Saints Football Club – It's about to start

The Football season will start on the 7<sup>th</sup> of May.

A couple of things parents need to have **done before** this date for your child to play.

- 1, Pay your rego fees
- 2, Fill out and return the saints rego form and code of conduct.
- 3, Register on line with sport pulse.

Training will be at ST Brendan's Football Oval on Thursdays at 4.30. Please take care with the new garden beds, and make sure that you park in the correct areas.

We have lots of room for any children wishing to play. All children get an equal go and are coached according to their requirements. Please feel free to bring your child to training to see if he / she enjoys it.

Go Saints





### St. Brendan's Parish Children's Liturgy of the Word

Every Sunday at 11.00am Mass during school term. Starting Sunday 17<sup>th</sup> April.

All primary school children are invited to come and hear God's word.

There is no need to sign up; children come forward when invited by the celebrant.

#### **Parish Hours:**

Please note Parish Hours are Tuesday - Friday 9am-4pm. Contact Number: 58212633.

#### **Gluten Free Hosts**

If you would like to receive Holy Communion but have trouble with coeliac or food intolerances we have a supply of gluten free hosts. Please see Father (Sacristy door in the west entrance) before Mass so a pix can be arranged for you.





Pope Francis joined fellow priests to celebrate the Sacrament of Reconciliation in St Peter's Square - April 2016

"FOIGIVENESS is not something we can give ourselves," cautioned Pope Francis. "One asks forgiveness, one asks it of another person, and in confession, we ask forgiveness from Jesus."

"FOTGIVENESS is not a result of our efforts, but is a gift. It is a gift of the Holy Spirit who showers us with mercy and grace that pours forth unceasingly from the open heart of Christ crucified and risen."

"Even embarrassment is good. It's healthy to have a bit of shame... it does us good, because it makes us more humble. Don't be afraid of confession," Pope Francis stressed. "When someone is in line for confession he feels all these things - even shame - but then, when he finishes confessing, he leaves (feeling) free, great, beautiful, forgiven, clean, happy.

The sacrament of reconciliation is a sacrament of healing," he pointed out. "When I go to confession, it's for healing: healing the soul, healing the heart because of something that I did to make it unwell."



### 1 hour Classes

Thursday 7:00pm starting 12th May 2016 \$60 per person for 6 weeks (Payable at first class)

## Women's Self Defence Classes

6 week program for Term 2 2016

Learn to recognise, avoid and if necessary, defend yourself during a potentially violent encounter.

Sensei Walder Schear will teach you the tools to feel safer and be more confident.

Contact Seb on **0428 215 900** "Hurry, only 10 women per class"



4 Midstar Crescent Kialla VIC 3631



#### **IMPORTANT DATES:**

	TERM 2:		
MAY			
Monday 2nd.	<ul><li>Assembly @ 2.20pm</li><li>Life Ed Van here</li></ul>		
Tuesday 3rd .	Life Ed Van here		
Wednesday 4th	Interschool Cross Country		
Friday 6th.	Community Group Mothers Day Stall     Notre Dame Open Day (Year 6)		
Monday 9th.	Assembly @ 2.20pm		
Tuesday 10th.	• NAPLAN		
Wednesday 11th	Community Group meeting 7.30pm		
Monday 16th.	Assembly @ 2.20pm     Year 6 interschool sport		
Tuesday 17th.	Year 5 interschool sport		
Wednesday 18th.	Year 4 interschool sport		
Thursday 19th.	Year 3 interschool sport		
Sunday 22nd May	Community Group Mothers Day High Tea 1.00pm		
Monday 23rd.	Assembly @ 2.20pm		
Tuesday 24th.	First Reconciliation		
Wednesday 25th.	• PUPIL FREE DAY		
JUNE			
Monday 30th	Assembly @ 2.20pm		
Tuesday 31st	St Luke's Open Day—10am & 12pm		
	•		
	•		
	Tuesday 3rd .  Wednesday 4th  Friday 6th.  Monday 9th.  Tuesday 10th.  Wednesday 11th  Monday 16th.  Tuesday 17th.  Wednesday 18th.  Thursday 19th.  Sunday 22nd May  Monday 23rd.  Tuesday 24th.  Wednesday 25th.		

Subject to change Most images from google